

## QUESTIONS TO ASK ABOUT TREATMENT

### Pain management

These questions can help you think about what you might want to ask your doctors about your options for managing pain. Print this sheet and take it with you to your visit. You can also take notes here if you wish.

### About your pain

1. What is causing my pain?
2. Could the pain be related to something other than chordoma or the treatments I've had?
3. Does it mean the chordoma has returned?
4. How long will my pain last?
5. What will help my pain? Are there other things I can do?

### About your medications

1. What **type** of medicine is this? (opioid, non-opioid, nerve pain, antidepressant, etc.)
2. What is the **name** of the medicine? Are there other names for it?

3. How much do I take? When do I take it?
4. How long does it take to work?
5. How much relief can I expect from taking this medicine? How long will that relief last?
6. Is there a suitable medicine that will last 2-3 days rather than a few hours?
7. If my pain is still there, can I take more?
8. What are the side effects? Can I do anything to prevent them? What should I do if I have them?
9. What if I forget to take it?
10. Are there safety concerns when taking this medicine? (Not safe to drive, should avoid alcohol, etc.)
11. What medicines can I take with it? Are there any I should avoid?
12. Could I become addicted to this medicine?
13. What is the best way to get in touch with you if I need help?

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