State of the Art Chordoma Care
Palliative Care

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Milestone of cancer control:

✓ Prevention
✓ Screening
✓ Diagnosis and Treatment
✓ Palliative Care

"In far too many cases, primary prevention, early detection and palliative care are neglected in favor of treatment-oriented approaches, regardless of whether they are actually cost-effective or whether they improve patients’ quality of life."

Dr. Gro Harlem Brundtland, WHO's Director-General. Press Release WHO/52, 28 June 2002

Palliative care


Approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

Is applicable early in the course of illness, in conjunction with other therapies and includes those investigations needed to better understand and manage distressing clinical complications.
Palliative care models of integration

Hui and Bruera / Clin Oncol July 2010 How to integrate palliative care in the trajectory of cancer: goals and models of care
Symptoms:
- Pain (headache, neck pain)
- Neurological changes
  - facial sensation or movement, voice, speech, and swallowing function, double vision
  - bowel and/or bladder function, numbness, or weakness of the arms and legs.

Symptomatic Therapies:
- Neuroleptics/antiepileptics
- Steroids
- Analgesics
- Opioids

Symptomatic therapies can be agreed!!!
NO prejudice
Palliative Care argue that the disease should not be regarded as an isolated pathological fact, but must be considered in terms of the global suffering that it causes.

- OMS - Organizzazione Mondiale della Sanità. Collezione Rapporti Tecnici 804 - Ginevra 1990

**Global pain**

- Body Pain
- Anger
- Depression
- Anxiety

**Global equipe**

Community resources
- Volunteers
- Physiotherapist
- Occupational therapist
- Chaplain
- Nurse
- Pharmacists
- Other health care professionals
<table>
<thead>
<tr>
<th>Gender</th>
<th>Age</th>
<th>Site</th>
<th>Diagnosis year</th>
<th>PC Therapy (FTTs = Formula Tuttis)</th>
<th>Symptoms</th>
<th>PC class</th>
<th>Follow up</th>
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<tbody>
<tr>
<td>F</td>
<td>57</td>
<td>sacrum</td>
<td>2011</td>
<td>FTS 630mg/h Fentanyl 325 mg Dext 1 mg</td>
<td>Pain, Sphincter d.</td>
<td>6 mth</td>
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<td>1996</td>
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<td>2010</td>
<td>Opioid 60mg Gabapentin 360mg Fentanyl 12.5 mg</td>
<td>Pain, Ileumitis</td>
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<td>L3</td>
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<td>M</td>
<td>76</td>
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<td>2015</td>
<td>Morphin 80 mg Fentanyl 300 mg Dext 8 mg</td>
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</tbody>
</table>

Days, January 14th till February, 27th 2012

Pain contour code scale

Sarà futuro? (Will it be future?)
Il ghiaccio infernale della solitudine
si scioglie con rabbia di fronte
ad una mano tesa.
Il fuoco insaziabile di una croce agonizzante
e si affievolisce lentamente all’arrivo
del bagliore di un sorriso.
L’ossessione di sepolti crali pensieri inizia
a strozzare se stessa non appena giunge
la prima nota di un canto nuovo:
la speranza.

Lara Gastaldello a chordoma patient 1998
Thank you